## **BSIS Protective Equipment Standards Summary**

Minimum standards only. Members are encouraged to wear higher levels if they consider this advisable.

### **ACTIVITY**

Training without replica weapons

Training with replica weapons

Scholar's Privilege Light Sparring Competitive (Tournament)

Recommended:
Minimal Protective
Equipment

REQUIRED ROTECTIVE EQUIPMENT

#### Minimal Protective Equipment:

#### required

- eye protection
- gloves

#### recommended

- skin not exposed

recommended for higher intensity Scholars Privilege

 Light Protective Equipment

# Light Protective Equipment:

#### required

- fencing mask
- gloves
- throat protector

#### recommended

- skin not exposed
- puncture resistant and/or padded material
- hard elbow and knee protection

recommended for higher intensity Light Sparring

Sparring
 Equipment

#### **Sparring**

#### **Equipment:**

#### required

- fencing mask
- gloves, leather or similar
- throat protector
- back of head protection
- torso protection, 350N+
- groin protection (if approp.)
- escalates if not rapier
- event requirements

#### recommended

- fencing mask, FIE std
- back of head protection from professional supplier
- throat protector, rigid and padded
- padding
- rigid chest protector
- elbow & knee protection
- more protection if using heavier than rapier, e.g. heavy protective gloves, arm & leg protection.

This is for quick access of relevant information. It details what Protective Equipment is required for what level of activity. Full details can be found in the BSIS Protective Equipment & Safety Standards document.